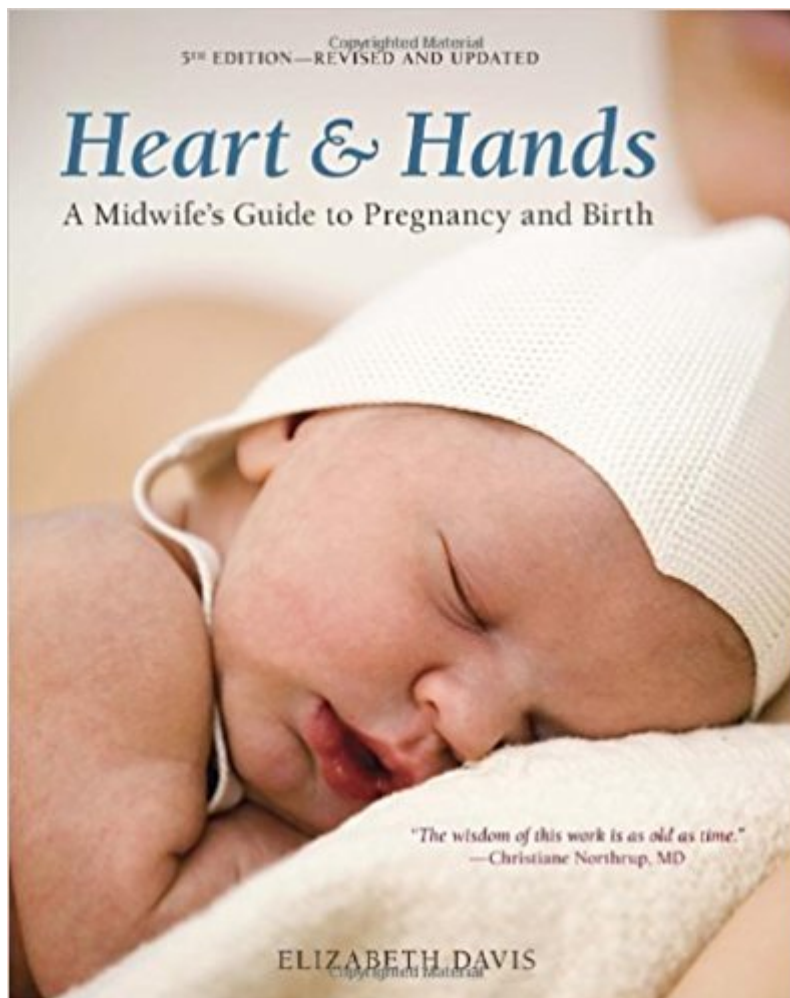




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# Heart And Hands, Fifth Edition: A Midwife's Guide To Pregnancy And Birth



## Synopsis

A fully revised update of the foundational text on birth assisting from internationally renowned authority Elizabeth Davis, offering professional guidance for both aspiring and veteran midwives. Presenting information on what to expect during each stage of pregnancy, birth, and postpartum recovery, Heart and Hands has been the most trusted guide for midwives and expecting parents for more than two decades. This completely revised edition includes new photographs and illustrations, updated resources for parents, and a current list of midwifery schools. Information will be added throughout to reflect the latest research on the physiology of pregnancy, birth, and postpartum. Combining time-honored teachings with the most current obstetric techniques, this essential reference empowers birthing helpers and parents to create a truly woman-centered birth experience.

## Book Information

Paperback: 336 pages

Publisher: Ten Speed Press; 5 edition (June 19, 2012)

Language: English

ISBN-10: 1607742438

ISBN-13: 978-1607742432

Product Dimensions: 8 x 0.8 x 10 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 55 customer reviews

Best Sellers Rank: #99,325 in Books (See Top 100 in Books) #76 in Books > Medical Books > Nursing > Women's Health, Obstetrics & Gynecology #214 in Books > Health, Fitness & Dieting > Women's Health > Pregnancy & Childbirth #300 in Books > Health, Fitness & Dieting > Women's Health > General

## Customer Reviews

ELIZABETH DAVIS has been a midwife, women's health care specialist, educator, and consultant for more than 30 years. She served as president of the Midwifery Education Accreditation Council for the United States. She holds a degree in holistic maternity care from Antioch University, and is certified by the North American Registry of Midwives.

This is an excellent text for the interested mother and/or the aspiring midwife. I fall into the latter category and find the book to be extremely readable and informative. The images in the text as well

as the resources found in the appendixes are also relevant and of high-quality. It's no wonder this text warranted a 5th update!

Definitely textbook format informative writing. Well-done.

This book has a lot to offer women who want to know what to expect during pregnancy and birth. The other book I would recommend is Pregnancy, Childbirth and the Newborn. That details labor, I think, in a more readable way but this book will teach a lot. We bought this book to study out of for our first unassisted and it is very helpful.

I loved this book for planning and preparing for a homebirth. There is a wealth of information packed inside. It is presented in a logical well written manner. Everyone considering homebirth needs this one.

There is so much information in this book! I love it, I don't plan on becoming a midwife I just love to be informed and knowledgeable. She goes into great detail, I've found this to be a wonderful resource and will go back to it over and over through out my pregnancies. It should be noted that this is not a book meant for step by step of baby and pregnancy development it is a training resource for midwives, but if you want to know more about the birth and care from a midwives point of view and useful information pertaining to that, go for it.

This is required reading for the midwife training I will be taking after my pregnancy. It's a great resource for any woman who wants to know more about her body as it goes through pregnancy.

Great book for expectant mothers who want more info....

Essential book for student/aspiring midwives. Great for clients too.

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Where There Is No Midwife: Birth and Loss in Rural India  
(Fertility, Reproduction and Sexuality: Social and Cultural Perspectives)  
Call the Midwife: A Memoir of Birth, Joy, and Hard Times  
Birth Matters: A Midwife's Manifesta  
The Pregnancy Journal, 4th

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